

## TRANSPORTATION & LODGING

Cincinnati/Northern Kentucky International Airport

Airport Executive Shuttle  
513-352-2135  
800-990-8841

Crowne Plaza Blue Ash  
5901 Pfeiffer Rd.  
Cincinnati, OH 45242  
513-793-4500

[www.crowneplaza.com/blueash](http://www.crowneplaza.com/blueash)  
(Ask for the corporate rate for Cincinnati Sports Medicine)

## COURSE LOCATION

Cincinnati SportsMedicine  
10663 Montgomery Rd.  
Cincinnati, OH 45242  
513-346-4514  
[www.sportsmetrics.org](http://www.sportsmetrics.org)

## REGISTRATION

Name: \_\_\_\_\_  
Credential/Certifications: \_\_\_\_\_  
Your Clinical Site Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State/Zip: \_\_\_\_\_  
Phone#: \_\_\_\_\_  
E-mail Address: \_\_\_\_\_  
Indicate Course Dates: \_\_\_\_\_

**PAYMENT:** \$350 (\$400 with app)

### PAYMENT METHOD:

\_\_\_\_ Check \_\_\_\_ Visa \_\_\_\_ MC \_\_\_\_ Disc \_\_\_\_ Amex

\*Checks payable to Cincinnati SportsMedicine Research & Education Foundation

Credit Card # \_\_\_\_\_  
Exp. Date: \_\_\_\_\_  
Name on Card: \_\_\_\_\_  
Signature: \_\_\_\_\_

### Mail Completed Registration Form with Payment in Full to:

Sportsmetrics Certification Course  
Cincinnati SportsMedicine Research & Education Foundation  
10663 Montgomery Rd.  
Cincinnati, OH 45242  
Or fax to: 513-792-3230

### COURSE CANCELLATION POLICY

We reserve the right to cancel a scheduled Sportsmetrics Certification Course due to lack of enrollment, if there are not a minimum of 10 registered course participants at least 2 weeks before the course is scheduled to take place. In the event of course cancellation, registrants will be given the opportunity to transfer their registration to a future Sportsmetrics course or will receive a full refund.



# SPORTSMETRICS

# MASTER

# CERTIFICATION

# COURSE

## FRIDAY, NOVEMBER 10, 2017



## MASTER CERTIFICATION COURSE

This master level course is intended for healthcare professionals who have already been certified in the Sportsmetrics program. The course builds on the original Sportsmetrics™ program, a scientifically proven, evidence-based program, by providing an understanding of the latest research on injury prevention, a look at new interventions for ACL rehabilitation including Blood Flow Restriction and a hands-on training experience with the advanced Sportsmetrics program. Attendees will have access to the latest research in ACL injuries and prevention from nationally-known researcher Dr. Frank Noyes. Sportsmetrics is proven to reduce the incidence of non-contact ACL injuries and re-injuries, and only Sportsmetrics practitioners certified by Cincinnati Sports Medicine can offer Sportsmetrics training.

The techniques and protocols from this course will allow you to incorporate the latest scientifically proven methods on injury prevention as part of the rehabilitation program in your clinic as well as offer the training to athletes in your community.

## MASTER CERTIFICATION COURSE

8 - 8:15 Intro & Welcome

8:15 - 9:45 Research in ACL Injury Prevention

9:45 - 10:00 Break

10:00 - 10:45 Innovative Therapeutic Interventions for Knee Rehabilitation

10:45 - 11:00 Break

11:00 - 11:45 Review of Neuromuscular Testing & New App

11:45 - 12:30 Lunch

12:30 - 1 Blood Flow Restriction Demo

1 - 3:00 Advanced Program Overview/Demo

3:00 - 4 Practicum

4:00 - 5 Testing

**This certification will provide healthcare professionals with:**

- Research updates on injury prevention from Dr. Frank Noyes
- Practical demonstrations and participation in advanced Sportsmetrics technique and training including plyometrics, agility and sports injury testing
- Recommendations for ACL return to play criteria
- Extensive course manual that includes research articles and protocols, technique photos, Sports Injury Testing requirements, training recommendations and protocols

\*\*Full list of course objectives available online & with course materials: <http://sportsmetrics.org/certification/>

## TARGET AUDIENCE:

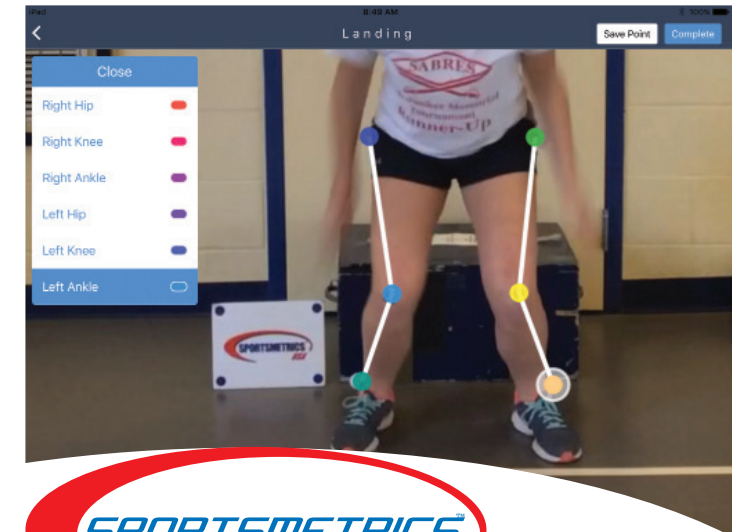
Physical therapists, physical therapy assistants, athletic trainers, physician assistants, orthopaedic surgeons, degree or accredited certification in a health or exercise field

## COURSE PRE-REQUISITES

- Certification in the original Sportsmetrics program
- Review of Sportsmetrics™ Advanced training program powerpoint with videos prior to course attendance is recommended.
- Review of research articles provided upon registering

## MATERIALS & ACTIVITIES PROVIDED

- Course manual/electronic copy of research articles, technique photos/videos, protocols. Be prepared to workout. Wear comfortable clothes and sneakers
- Breakfast & Lunch
- Continuing Education Credits



## ATTENDEE BENEFITS & RESPONSIBILITIES

Sign a License Agreement with Cincinnati SportsMedicine Research and Education Foundation BEFORE ATTENDING THE COURSE, AGREEMENT CAN NOT BE AMENDED.

- Receive certificate of completion upon completion of a practical exam and a score of 70% or higher on a written exam
- Receive Master Level Certified Instructor status
- Participation in national collaborative efforts to further research and development of female athlete knee injury prevention programs.

## THE SPORTSMETRICS™ FACULTY

Frank R Noyes, MD  
George Davies, DPT, MEd, PT, SCS, A  
Stephanie Tutalo Smith, MS, CSMS