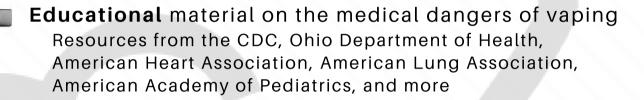
## VAPING PREVENTION

## GET THE FACTS... Vaping is NOT a safe alternative to cigarettes

Cincinnati SportsMedicine Research and Education Foundation has developed a FREE vaping prevention program for schools struggling with the youth vaping epidemic. Backed by the most up to date research, this program pulls together best practices on how to combat the vaping epidemic in our youth.



Prevention programming that is evidenced based & developed by nationally recognized health centers CATCH My Breath, ASPIRE (A Smoking Prevention Interactive Experience), smokeSCREEN, & Stanford Medicine Tobacco Prevention Toolkit

## Counseling for behavioral health

Recommendations for intervention with school mental health services for one on one counseling on adolescent nicotine addition

**Diversion** Programming with Sportsmetrics
Sportsmetrics has developed a new introductory active life style education and exercise program aimed at diverting students to a healthier alternative

Contact for more information: ctmeder@mercy.com or 513-215-9256

