

VAPING PREVENTION

GET THE FACTS...

Vaping is NOT a safe alternative to cigarettes

Cincinnati SportsMedicine Research and Education Foundation has developed a FREE vaping prevention program for schools struggling with the youth vaping epidemic. Backed by the most up to date research, this program pulls together best practices on how to combat the vaping epidemic in our youth.

Educational material on the medical dangers of vaping

Resources from the CDC, Ohio Department of Health, American Heart Association, American Lung Association, American Academy of Pediatrics, and more

Prevention programming that is evidenced based & developed by nationally recognized health centers

CATCH My Breath, ASPIRE (A Smoking Prevention Interactive Experience), smokeSCREEN, & Stanford Medicine Tobacco Prevention Toolkit

Counseling for behavioral health

Recommendations for intervention with school mental health services for one on one counseling on adolescent nicotine addition

Diversion Programming with Sportsmetrics

Sportsmetrics has developed a new introductory active life style education and exercise program aimed at diverting students to a healthier alternative

Contact for more information: ctmeder@mercy.com or 513-215-9256

