



Cincinnati SportsMedicine
& Orthopaedic Center



Sportsmetrics™ Certification Course Curriculum Agenda

Saturday: 8am-5pm

8:00 – 8:15	Introduction & Welcome	Tommy Campbell, BA
8:15 – 9:15	Injury Prevention Development and Research	Frank R. Noyes, MD
9:15 – 10:00	ACL Mechanism of Injury & Repair Technique	Frank R. Noyes, MD
10:00 – 10:15	Break	
10:15 – 11:00	Sports Injury Testing Cincinnati Sportsmetrics™ Normative Data	Stephanie Smith, MS
11:00 – 11:45	Practicum, Video Analysis, Digitizing & Report Creation Pre- & Post-Testing Requirements	Faculty
11:45 – 12:30	Sportsmetrics™ Strength, Speed & Rehab Recommendations	Danny Clifford, MS,ATC,CSCS
12:30 – 1:15	Lunch	
1:15 – 3:15	Training Overview: Program Defined/Demo Warm-up/Jump Training/Flexibility	Stephanie Smith, MS
3:15 – 4:15	Sportsmetrics Speed & Conditioning Technique Demo and Practice	Faculty
4:15 – 5:00	Training Participation & Mock Instruction, Feedback & Review, Q & A	Faculty

Sunday: 8am-12pm

8:00 – 8:45	Implementation	Tommy Campbell, BA
8:45 – 9:45	Marketing Sportsmetrics™: Materials and Requirements	Tommy Campbell, BA
9:45 – 10:00	Break	
10:00 – 11:00	Training Participation & Mock Instruction Review, Q & A	Faculty
11:00 – 12:00	Certification Practical & Written Exam	Faculty